

**Peoples Health Choices 65-03** HMO-POS

H1961-014-003

This plan is available in Assumption, Lafourche, St. Mary and Terrebonne parishes.

Peoples Health Complete Care LA-7 HMO-POS C-SNP

H1961-025-000

This plan is available in Assumption, Lafourche, Plaquemines, Pointe Coupee, St. Bernard, St. James, St. John the Baptist, St. Mary, Terrebonne and West Feliciana parishes.

Peoples Health Choices PPO

H4544-001

Peoples Health Patriot PPO MA-Only

H4544-002

These plans are available statewide.

2026

Live your best life with Peoples Health.

Peoples Health is the choice of more than 150,000 people with Medicare in Louisiana. Founded in 1994 by medical providers and physicians, we focus on one thing: helping people with Medicare enjoy the best health possible.

Peoples Health has a long history of caring, compassionate, one-on-one service for our plan members. That commitment remains.

Peoples Health plan types

Peoples Health HMO-POS* (Health Maintenance Organization) plans feature coordinated care through our extensive network of providers. Most of these plans include Part D drug coverage.

Peoples Health HMO-POS* C-SNPs (Chronic Condition Special Needs Plans) are designed for people with diabetes, chronic heart failure or a cardiovascular disorder, and include benefits and services tailored to support these conditions.

Peoples Health PPO (Preferred Provider Organization) plans let you choose in- or out-of-network providers. In most cases, you'll have lower out-of-pocket costs for services received in-network. We offer two PPO options, one with Part D drug coverage and one without.

Peoples Health HMO-POS* D-SNPs (Health Maintenance Organization Dual-Eligible Special Needs Plans) are covered in a separate booklet. These plans are available to people who have both Medicare and Medicaid. If you have both Medicare and medical assistance from the state, ask about our D-SNP options. You may be entitled to additional benefits.

*Point-of-service (POS) option allows out-of-network dental services. Those out-of-network services may have a higher cost to members. Dental coverage maximums vary by plan.

Peoples Health + UnitedHealthcare



Since joining the UnitedHealthcare family, we've been able to expand many benefits and services. Members of the Peoples Health plans described in this booklet can enjoy:



UCard—Get simplified access to care and benefits through your member ID card. Most Peoples Health plans offer an allowance for purchasing over-the-counter items. The allowance is loaded onto your member ID card, called a UCard. You can use your UCard to purchase covered items in-store. Your UCard also lets you access your fitness benefit. No need to carry a separate fitness center membership card.



UnitedHealth Passport® program—Peoples Health has always offered worldwide emergency and urgent care coverage. Through the Passport program, you can also access plan-covered services while traveling outside your plan service area in the United States. The Passport program lets you access covered services at in-network costs from participating providers in the Passport service area.

Still, the best part is this: As a Peoples Health plan member, you enjoy the quality that comes from people who really care. Peoples Health is a company born and raised in Louisiana, and our members have been our neighbors, our friends and our family. It's simple. We want you to enjoy the best health possible.

Compare Key Benefits

Choose the plan that fits your needs.



Part B Premium Give Back



\$0 Primary Care Visits



Out-of-Network Coverage



Over-the-Counter Items Allowance



Part D Prescription Drug Coverage



UnitedHealth Passport

**Choices
65-03
(HMO-POS)**

**Complete
Care LA-7
(HMO-POS
C-SNP)**

**Choices
(PPO)**

**Patriot
(PPO
MA-Only)**

N/A

N/A

N/A

**\$185/Month
Back to You**

Yes

Yes

**Yes
(with network
providers)**

**Yes
(with network
providers)**

Dental Only

Dental Only

Yes

Yes

**\$40/Quarter
to Spend**

**\$100/Month
to Spend**

**\$25/Quarter
to Spend**

**\$200/Quarter
to Spend**

Yes

Yes

Yes

No

Yes

Yes

Yes

Yes

For Peoples Health Complete Care LA-7 (HMO-POS C-SNP): Individuals must have diabetes, chronic heart failure or a cardiovascular disorder to be eligible to enroll in this plan.

Peoples Health Choices 65-03

HMO-POS

Peoples Health Complete Care LA-7

HMO-POS C-SNP

For Peoples Health Complete Care LA-7 (HMO-POS C-SNP):
 Individuals must have diabetes, chronic heart failure or a cardiovascular disorder to be eligible to enroll in this plan.

	Choices 65-03 (HMO-POS)	Complete Care LA-7 (HMO-POS C-SNP)
Monthly Plan Premium	\$0	\$0
Maximum Out-of-Pocket Costs	\$5,900	\$5,900
Doctor Visits		
Primary Care Provider Visit	\$0	\$0
Specialist Visit*	\$35	\$30
Telehealth Visit	\$0	\$0
Preventive Care*		
Pap Smears, Pelvic Exams, Mammograms	\$0	\$0
Prostate & Colorectal Cancer Screenings	\$0	\$0
Bone Mass Measurement	\$0	\$0
Vaccinations (COVID-19, flu, pneumonia, hepatitis B)	\$0	\$0
Labs & Tests*		
Lab Services	\$0	\$0
Diagnostic Procedures/Tests	\$50	\$50
X-rays	\$20	\$20
Advanced Imaging (MRI, MRA, CT, CTA, PET scans, etc.)	\$0-\$250	\$0-\$260
Outpatient Surgery		
Surgery (outpatient hospital)	\$0-\$195	\$0-\$195
Surgery (ambulatory surgical center)	\$0-\$195	\$0-\$195
Inpatient Hospital Care per Admission		
Inpatient Deductible	\$0	\$0
Inpatient Stay per Day	\$195 days 1-10 \$0 days 11+	\$195 days 1-10 \$0 days 11+
Home Health & Skilled Nursing Facility Care		
Home Health Care	\$0	\$0
Skilled Nursing Facility Care per Day (semiprivate room and board)	\$0 days 1-20 \$218 days 21-100	\$0 days 1-20 \$218 days 21-100
Emergency Care, Urgent Care and Emergency Transportation*		
Emergency Care	\$130	\$130
Urgently Needed Care	\$50	\$50
Emergency Ambulance Services (per one-way trip, ground or air)	\$280	\$275
Emergency or Urgent Care Outside U.S.	\$0	\$0

*Some network services—including specialist visits, physical therapy, speech therapy and occupational therapy—require a referral from your primary care provider (PCP) to be covered. The PCP you choose can impact which specialists and hospitals you'll be able to see.

*Office visit copay may apply.

*Emergency care copay waived if admitted to inpatient hospital care within 24 hours for the same condition

Outpatient Services & Supplies		
Occupational, Physical or Speech Therapy Visit*	\$35	\$30
Durable Medical Equipment - DME (wheelchairs, oxygen, etc.)	20% coinsurance	20% coinsurance
Diabetes Monitoring Supplies (DME provider or network retail pharmacy)	\$0	\$0
Mental Health & Substance Abuse Treatment		
Inpatient Mental Health Care (per day)	\$195 days 1-10 \$0 days 11-90	\$195 days 1-10 \$0 days 11-90
Outpatient Mental Health Visit	\$15 group \$25 individual	\$15 group \$25 individual
Substance Abuse Treatment Visit		
Additional Benefits Not Covered by Medicare		
Allowance for Over-the-Counter Health & Wellness Items	\$40/quarter	N/A
Allowance for Food and Over-the-Counter Health & Wellness Items	N/A	\$100/month
Meals After Inpatient Hospital Stay (up to 28 meals over 14 days)	\$0	\$0
Routine Eye Exam (one per year)	\$0	\$0
Eyeglass Lenses (every two years)	\$0-\$153	\$0-\$153
Frames or Contact Lenses (every two years)	\$300 allowance	\$200 allowance
Routine Hearing Exam (one per year)	\$0	\$0
Hearing Aids (up to two per year; includes OTC and prescription hearing aids; cost listed is per hearing aid)	Prescription: \$199-\$1,249	Prescription: \$199-\$1,249
	OTC: \$199-\$829	OTC: \$199-\$829
Dental - Preventive [§] (oral exams, cleanings and X-rays)	\$0	\$0
Platinum Dental Rider for Comprehensive Services	N/A	\$44/month
Dental - Comprehensive/Restorative [§]	50% coinsurance	50% coinsurance
Dental - Coverage Maximum	\$3,000	\$1,500
Respite Care (12 sessions per year for members with dementia, including Alzheimer’s disease)	\$0	\$0
Fitness Benefit	\$0	\$0

Part D Prescription Drug Coverage

Choices 65-03			Complete Care LA-7	
Deductible Stage	\$355 deductible for tiers 3-5		\$270 deductible for tiers 3-5	
Initial Coverage Stage	30-Day Supply	100-Day Supply	30-Day Supply	100-Day Supply
Tier 1	\$0	\$0	\$0	\$0
Tier 2	\$5	\$0 preferred mail order	\$5	\$0 preferred mail order
Tier 3	21% coinsurance	21% coinsurance	24% coinsurance	24% coinsurance
Tier 4	43% coinsurance	30-day supply only	44% coinsurance	30-day supply only
Tier 5	29% coinsurance	30-day supply only	30% coinsurance	30-day supply only

If you have a limited income, you may be eligible for Medicare's Extra Help program. It could lower your costs for prescription drugs. Ask us about eligibility.

*Some network services—including specialist visits, physical therapy, speech therapy and occupational therapy—require a referral from your primary care provider (PCP) to be covered. The PCP you choose can impact which specialists and hospitals you'll be able to see.

§Out-of-network dental services may have higher member costs.

■ **Peoples Health Choices** PPO

■ **Peoples Health Patriot** PPO MA-Only

	Choices (PPO)	Patriot (PPO MA-Only)	Choices (PPO) & Patriot (PPO)
	In-Network		Out-of-Network
Monthly Plan Premium	\$0	\$0	N/A
Part B Premium Give Back (amount paid by Peoples Health)	N/A	\$185/month (\$2,220/year)	N/A
Maximum Out-of-Pocket Costs	\$6,700 in-network; \$10,100 combined in- and out-of-network		
Doctor Visits			
Primary Care Provider Visit	\$0	\$0	\$20
Specialist Visit	\$55	\$55	\$80 Choices \$70 Patriot
Medicare-Covered Chiropractic Visit	\$15	\$15	
Telehealth Visit	\$0	\$0	Primary care and specialist care telehealth (virtual) visits not covered
Preventive Care*			
Pap Smears, Pelvic Exams, Mammograms	\$0	\$0	30% coinsurance
Prostate & Colorectal Cancer Screenings	\$0	\$0	30% coinsurance
Bone Mass Measurement	\$0	\$0	30% coinsurance
Vaccinations (COVID-19, flu, pneumonia, hepatitis B)	\$0	\$0	\$0
Labs & Tests*			
Lab Services	\$0	\$0	\$0
Diagnostic Procedures/Tests	\$5	\$50	30% coinsurance
X-rays	\$5	\$30	\$50
Advanced Imaging (MRI, MRA, CT, CTA, PET scans, etc.)	\$0-\$260	\$0-\$260	30% coinsurance
Outpatient Surgery			
Surgery (outpatient hospital or ambulatory surgical center)	\$0-\$295	\$0-\$295	30% coinsurance
Inpatient Hospital Care per Admission			
Inpatient Deductible	\$0	\$0	\$0
Inpatient Stay per Day	\$295 days 1-7 \$0 days 8+	\$295 days 1-6 \$0 days 7+	30% coinsurance per admission
Home Health & Skilled Nursing Facility Care			
Home Health Care	\$0	\$0	50% coinsurance
Skilled Nursing Facility Care per Day (semiprivate room and board)	\$0 days 1-20 \$218 days 21-100	\$0 days 1-20 \$218 days 21-100	\$250 days 1-100
Emergency Care, Urgent Care and Emergency Transportation*			
Emergency Care	\$130	\$130	\$130; \$0 worldwide
Urgently Needed Care	\$50	\$50	\$50; \$0 worldwide
Emergency Ambulance Services (per one-way trip, ground or air)	\$120	\$275	\$120 Choices \$275 Patriot

*Office visit copay may apply.

*Emergency care copay waived if admitted to inpatient hospital care within 24 hours for the same condition.

Outpatient Services & Supplies			
Occupational Therapy Visit	\$20	\$45	\$80 Choices \$70 Patriot
Physical or Speech Therapy Visit	\$20	\$50	
Durable Medical Equipment - DME (wheelchairs, oxygen, etc.)	20% coinsurance	20% coinsurance	50% coinsurance
Diabetes Monitoring Supplies (DME provider or retail pharmacy)	\$0	\$0	50% coinsurance
Mental Health & Substance Abuse Treatment			
Inpatient Mental Health Care (per day)	\$295 days 1-7 \$0 days 8-90	\$295 days 1-6 \$0 days 7-90	30% coinsurance per admission
Outpatient Mental Health Visit and Substance Abuse Treatment Visit	\$15 group \$25 individual	\$15 group \$25 individual	\$30 group \$40 individual

Additional Benefits Not Covered by Medicare		
	Choices (PPO)	Patriot (PPO MA-Only)
Allowance for Over-the-Counter Health & Wellness Items	\$25/quarter	\$200/quarter
Meals After Inpatient Hospital Stay (up to 28 meals over 14 days)	\$0	\$0
Routine Eye Exam (one per year) [§]	\$0	\$0
Eyeglass Lenses (every two years)	\$0-\$153	\$0-\$153
Frames or Contact Lenses (every two years)	\$150 allowance	\$300 allowance
Routine Hearing Exam (one per year) [§]	\$0	\$0
Hearing Aids (up to two per year; includes OTC and prescription hearing aids; cost listed is per hearing aid)	Prescription: \$199-\$1,249	Prescription: \$199-\$1,249
	OTC: \$199-\$829	OTC: \$199-\$829
Dental - Preventive [§] (oral exams, cleanings and X-rays)	\$0	\$0
Platinum Dental Rider for Comprehensive Services	\$44/month	N/A
Dental - Comprehensive/Restorative [§]	50% coinsurance	50% coinsurance
Dental - Coverage Maximum	\$1,500	\$5,000
Fitness Benefit	\$0	\$0

Part D Prescription Drug Coverage

		Choices	Part D drug coverage not offered with Peoples Health Patriot.
Deductible Stage	\$600 deductible for tiers 3-5		
Initial Coverage Stage	30-Day Supply	100-Day Supply	
Tier 1	\$0	\$0	
Tier 2	\$10	\$0 preferred mail order	
Tier 3	16% coinsurance	16% coinsurance	
Tier 4	41% coinsurance	30-day supply only	
Tier 5	26% coinsurance	30-day supply only	

If you have a limited income, you may be eligible for Medicare's Extra Help program.
It could lower your costs for prescription drugs. Ask us about eligibility.

[§]Out-of-network services may have higher member costs.



A UnitedHealthcare Company

For more information on Medicare or our plan benefits, call toll-free:

1-855-812-1891 (TTY: 711)

Daily: 7 a.m. to 10 p.m.

Asistencia disponible en español.

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Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies. For Medicare Advantage Plans: A Medicare Advantage organization with a Medicare contract. For Dual Special Needs Plans: A Medicare Advantage organization with a Medicare contract and a contract with the State Medicaid Program. Enrollment in the plan depends on the plan's contract renewal with Medicare. Out-of-network/noncontracted providers are under no obligation to treat Peoples Health members, except in emergency situations. Please call our Customer Service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services. Contact the plan for more information. Benefits, features and/or devices may vary by plan/area. Limitations, exclusions and/or network restrictions may apply. OTC and food benefits have expiration timeframes. Review your Evidence of Coverage for more information. For Peoples Health Complete Care LA-7 (HMO-POS C-SNP): The healthy food benefit is a special supplemental benefit only available to chronically ill enrollees with a qualifying condition, such as diabetes, chronic heart failure and/or cardiovascular disorders, and who also meet all applicable plan coverage criteria. This information is not intended to imply the recipient has a specific condition or disease nor requires a particular medical test or procedure. You must be a member of a plan that offers the UnitedHealth Passport® program in order to participate. Please check your Evidence of Coverage or look for UnitedHealth Passport on your UnitedHealthcare UCard® to ensure your plan has Passport. All copayments or coinsurance, the annual out-of-pocket maximum and any benefit limits that apply to your coverage under your plan's Evidence of Coverage also apply to covered services received under UnitedHealth Passport®. The provider network may change at any time. You will receive notice when necessary. Y0066_26PHAEPQG_C6503_CCLA7_PPO_M 09/25